



Relieving Pressure on the NHS: Optimising Care Pathways

The NHS is facing unprecedented pressure from increasing need and demand, a substantial backlog of people waiting for care, decreasing budgets and a stressed workforce. In the face of these pressures, more of the same will not be enough and will likely make things even worse.

To support the NHS' healthcare professionals, the Oxford Value and Stewardship Programme has developed an action learning set focused on supporting you to optimise your care pathways to improve patient outcomes, address inequalities and optimise resource utilisation. We propose that you define three care pathways where you believe that there are value improvement opportunities. The OVSP team will then work with you to design evidence-based care pathway optimisation plan templates that will identify and estimate the low value activities that you can disinvest from so that you can reinvest in higher value activities. The action learning set consists of:

- A four-hour workshop (virtual or in person) for up to 30 people covering:
 - o Value-based healthcare
 - o Identifying lower value activities and waste
 - o Group work: Creating a plan to transform your care pathways
 - o Driving change through culture change and stewardship
- Online learning programme (5 hours of content) for up to 30 people
 - o Module 1: How to improve healthcare system by increasing value and reducing waste
 - o Module 2: How to shift focus from bureaucracies to populations
 - o Module 3: How to design population based systems and deliver care through networks
 - o Module 4: How to create a culture of stewardship
 - o Module 5: How to optimise personal value
- Two advisory check-ins over a two month period to discuss progress

By the end of the action learning set, your team will have concrete plans that can be used to optimise your care pathways in addition to at least hours of learning that can be self-accredited for CPD.

Cost (virtual or in person): £6,000 *per healthcare system*, (excl. VAT/Travel expenses)

OVSP Team

Professor Sir Muir Gray – Director and VBHC Expert

Muir is a Director of OVSP. Muir's work focuses on providing training and skills development to healthcare professionals in value-based and population healthcare. Sir Muir has worked for the National Health Service in England since 1972, occupying a variety of senior positions during that time, including serving as the Director of Research and Development for Anglia and Oxford Regional Health Authority, and first establishing and then being the Director of the UK National Screening Committee. He founded the National Library for Health, was the Director of Clinical Knowledge, Process, and Safety for the NHS (England) National Programme for IT, serving as the Director of the National Knowledge Service. He was the first person to hold the post of Chief Knowledge Officer of the NHS (England), also serving as the co-Director of the Department of Health's Quality Innovation Productivity and Prevention (QIPP) Right Care Programme.

Professor Alf Collins – Senior Adviser

From 2016-2023, Alf was NHS England's National Clinical Director for personalised care. Shared decision making, care planning, self management support, social prescribing and health literacy sat within his policy portfolio and he led on implementation of 'Universal Personalised Care', one of 5 key shifts for the NHS in the 2019 Long Term Plan. He is an internationally respected authority on person-centred care and has published widely on shared decision making, measurement in person-centred care, self management support, high value care and 'Rethinking Medicine'. He was a community consultant in pain management for many years and in parallel worked in a number of senior leadership roles in primary care. He also worked for a decade with the Health Foundation, helping lead applied research and implementation programmes in person centred care. He has honorary fellowships from the Royal College of Physicians and the Royal College of General Practitioners and a Visiting Professorship in Healthcare Policy at Coventry University. He is a Trustee of Picker Europe and the Patients Association.

Dr Anant Jani – Senior Adviser

Anant leads on the creation and dissemination of training materials and courses that help health professionals understand and increase value in healthcare through greater patient involvement, healthcare systems, policy change and innovations (clinical, basic science, diagnostics, IT). Anant's experience in healthcare started when working on the QIPP Right Care programme at the Department of Health. This involved helping localities across England to design and implement high-value population-based healthcare systems, including building the first national system for stroke prevention for patients with atrial fibrillation.

Erica Ison - Senior Adviser

Erica Ison is the lead for the Critical Appraisal Skills Programme. Erica is an experienced trainer/facilitator in a range of fields and has worked with a variety of people from health and care professionals and third sector personnel to politicians, students and members of the public. Erica also designs and develops training and skills development courses, tailored for local, national and international audiences as required.

Erica is an Expert Adviser to the World Health Organization European Network of Healthy Cities, one of her main responsibilities being training and skills development. Erica also worked on the European Union's Equity Action programme training civil servants in assessing equity in government policies.

Please contact us to discuss your requirements:

Website: www.ovsp.net

X: @muirgray, @Ox_VSP

Email: infoovsp@ovsp.net